



**MRA**ssociates  
Advisers to Supported  
Housing

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T - 01475 727 089  
F - 07092 882 002  
W - [www.mrassociates.org](http://www.mrassociates.org)

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Kingston House,  
3 Jamaica Street, Greenock,  
Renfrewshire, PA15 1XX.

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## Care

“Care” (as distinct from “support” or “supervision”) includes:

- Helping a physically disabled person to get out of bed, wash, dress, use a toilet or eat meals
- Guiding and assisting a person with a learning disability as they go about tasks that would be relatively simple for a person without such a disability: buying food, preparing food etc
- Carrying out tasks on behalf of a disabled person because they do not have the physical or mental capacity to do those things at all, not even with supervision: dealing with correspondence, arranging appointments etc